



The Allegheny County Department of Human Services (DHS) Area Agency on Aging (AAA) has one purpose: To help Allegheny County residents 60 years of age and older live quality lives. AAA offers a variety of services to choose from; many without regard to income or activity level. For those services with specific eligibility requirements, a professional care manager will help you with the application process.

DHS IS

responsible for providing and administering publicly funded services to Allegheny County residents.

DHS PRINCIPLES

All services will be

- high quality, comprehensive, and accessible.
- individualized and designed to be respectful of the unique cultural characteristics of each individual and/or community
- integrated and offered through a team approach that recognizes the capacity of individuals and families to identify their own strengths, needs, and goals; create relationships with natural supports; and take steps necessary to accomplish these goals.



Area Agency on Aging

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www.alleghenycounty.us/dhs/aaa

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The Allegheny County Department of Human Services does not discriminate against anyone on the basis of a protected class including: race; color; religion; national origin; ancestry or place of birth; sex; gender identity or expression; sexual orientation; disability; marital status; familial status; age (40 and older); use of guide or support animal because of blindness, deafness, or physical disability.

*DHS funding information is available at www.alleghenycounty.us/dhs/funding.aspx
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**ALLEGHENY COUNTY
DEPARTMENT OF
HUMAN SERVICES**

alleghenycounty.us/dhs



Staying connected in the community

- › Enjoy a painting class, improve your health through exercise and wellness programs, enrich your life at cultural events or meet friends for lunch at a senior community center.
- › Volunteer for organizations in your community.
- › Obtain support when you are caring for a loved one.
- › Get to your medical and non-medical appointments.
- › Locate and apply for other community programs and services for which you are eligible for.

In-home help

- › Delivered lunch
- › Help with daily routines like bathing, grooming and dressing
- › A friendly visitor
- › Bill paying (check-writing) help
- › Adult Day Service opportunities

Steps to getting the help you need to remain in your home

- › Make a call to the professional staff at the AAA SeniorLine at 412-350-5460.
- › Talk with a AAA professional about your needs and preferences.
- › Connect with a care manager who is knowledgeable about available services.
- › Have an in-home interview with a care manager.
- › Be an active partner in deciding what services are best for you.
- › Work with your care manager to put your plan into action and to make changes to your plan when needed.
- › Get the help you need to enjoy the highest possible quality of life.

Ways to smoothly transition out of your home

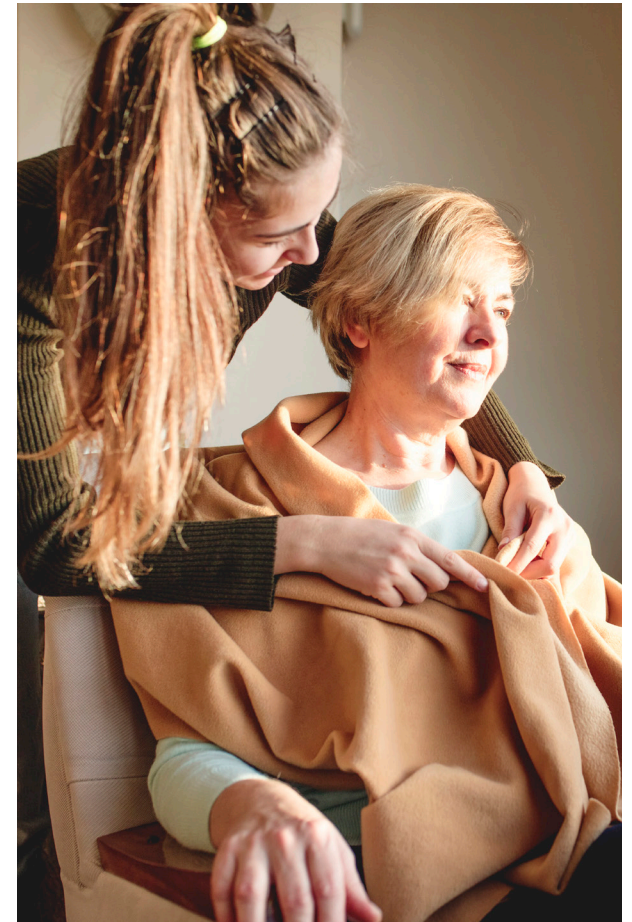
- › Help locating resources and options when choosing a new home
- › Mediation for individuals in long-term care settings

If you'd like, you can also email AAA at:

seniorline@alleghenycounty.us

To review the services listed above before or after you call, please view our web page at:

alleghenycounty.us/older-adults



One call to the SeniorLine at 412-350-5460 or 1-800-344-4319 starts the process. Our email is seniorline@alleghenycounty.us.