



# Beyond the Limits of HIV and Aging: Prevention, Treatment and Resilience

Monday, June 12<sup>th</sup>, 2023

<b>PITTSBURGH MARRIOTT NORTH</b> <b>100 CRANBERRY WOODS DR. · CRANBERRY TOWNSHIP, PA 16066</b>	
<b>7:30am-8:00am</b>	<b><u>Breakfast, Networking, Registration</u></b>
<b>8:00am-8:15am</b>	<b><u>Opening Remarks</u></b>
<b>8:15am-9:15am</b>	<p><b><u>HIV and Long-Term Care</u></b>  <i>Speaker:</i>            Cyndee Klemanski, MSW, LCSW, MHA            Board President of Shepherd Wellness Community</p> <p>At the end of the session the learner will be able to:</p> <ul style="list-style-type: none"> <li>• Identify the challenges associated with Senior Living and HIV</li> <li>• Discuss ways to address the healthcare and social support needs of people with HIV in long-term care facilities</li> <li>• Identify strategies to promote inclusive care for people with HIV requiring long-term care</li> </ul>
<b>9:15am-10:15am</b>	<p><b><u>Trauma Informed Care</u></b>  <i>Speaker:</i>            Mark Lepore, Ed.D, LPC, LCSW            Mental health trainer for the American Red Cross (ARC) and            a Volunteer Partner Director for the Red Cross Service to the Armed Forces (SAF)            branch, headquartered in Washington, DC.</p> <p>At the end of the session the learner will be able to:</p> <ul style="list-style-type: none"> <li>• Discuss trauma-informed care as it relates to HIV risk, prevention and treatment in aging populations</li> <li>• Identify 3 trauma-informed approaches that can be utilized to enhance client care</li> </ul>
<b>10:15am – 10:25am</b>	10-minute break



<p><b>10:25am – 11:25am</b></p>	<p><b><u>HIV Medications in the Aging Patient</u></b>  <i>Speaker:</i>  <i>Sarah McBeth, MD, MPH</i>  <i>Medical Director</i>  <i>Allies for Health + Wellbeing</i></p> <p>At the end of the session the learner will be able to:</p> <ul style="list-style-type: none"> <li>• Discuss considerations when prescribing antiretroviral treatment for aging patients</li> <li>• Describe implications of factors such as polypharmacy as a barrier to adherence</li> </ul>
<p><b>11:25 -12:25pm</b></p>	<p><b><u>Communication and the Aging Population</u></b>  <i>Speaker:</i>  <i>Linda Frank, PhD, MSN, FAAN</i>  <i>Professor of Public Health, Medicine, and Nursing</i>  <i>Director, MPH Program, MIC track, IDM</i>  <i>Principal Investigator, MidAtlantic AIDS Education &amp; Training Center</i>  <i>University of Pittsburgh</i></p> <p>At the end of the session the learner will be able to:</p> <ul style="list-style-type: none"> <li>• Identify 2 challenges in working with aging populations</li> <li>• Discuss best practice strategies for keeping patients engaged in care</li> </ul>
<p><b>12:25pm – 1:25pm</b></p>	<p><b><u>Lunch</u></b></p>
<p><b>1:25pm – 2:25pm</b></p>	<p><b><u>Panel: Stigma, Barriers to Care and Overcoming Challenges</u></b>  Individuals who are “thriving” will discuss their experience with health care and their journey</p> <p><i>Moderators:</i>  <i>Richard Krug</i>  <i>Executive Director</i>  <i>Shepherd Wellness Community</i></p> <p><i>Sean DeYoung, MSW, LCSW</i>  <i>Chief Executive Officer</i>  <i>Allies for Health + Wellbeing</i></p> <p><i>Panelists:</i>  <i>Mike Hellman</i>  <i>Clarisse Jordan</i>  <i>Bart Rauluk</i></p>



	<p><i>Marc Wagner</i></p> <p>At the end of the session the learner will be able to:</p> <ul style="list-style-type: none"> <li>• Identify factors that have helped the participants thrive with HIV</li> <li>• Describe resources or opportunities for HIV advocacy</li> </ul>
<p><b>2:25pm-3:25pm</b></p>	<p><b><u>HIV and Aging: Co-morbidities</u></b></p> <p><i>Speaker:</i>  <i>Darrell McBride, DO</i>  <i>Infectious Disease Physician</i>  <i>Geisinger Medical Center</i>  <i>Regional Assistant Dean of Student Affairs at Geisinger Commonwealth School of Medicine</i>  <i>Medical Director of the Ryan White Program at Geisinger</i>  <i>Assistant Professor of Medicine</i></p> <p>At the end of the session the learner will be able to:</p> <ul style="list-style-type: none"> <li>• Identify co-morbid conditions associated with individuals with HIV that are aging</li> </ul>
<p><b>3:25pm-3:35pm</b></p>	<p>10 minute break</p>
<p><b>3:35pm -4:35pm</b></p>	<p><b><u>Sexual Health Screening in Aging Populations</u></b></p> <p><i>Speaker:</i>  <i>Barbara Wilgus, MSN, CRNP</i>  <i>Program Administrator</i>  <i>STD/HIV Prevention Training Center at Johns Hopkins</i>  <i>JHU Bayview Medical Center</i></p> <p>At the end of the session the learner will be able to:</p> <ul style="list-style-type: none"> <li>• Discuss the importance of sexual health history taking as it relates to HIV risk, prevention and treatment</li> <li>• Identify best practices for taking a sexual health history in aging populations</li> </ul>
<p><b>4:35pm -5:00pm</b></p>	<p><b><u>Evaluations and Closing Remarks</u></b></p>