

## REGISTRATION FORM HIV Prevention Counseling

Name and Discipline/Degree

Organization Name

Business Address

City State Zip Code

Business Phone

Fax Number

E-mail Address

**DATES** (please check the programs you wish to attend):  
**(Unless otherwise noted, see inside for hours)**

### THE FACTS (\$35)\*

- November 9, 2009 —Richmond, VA **(5-9pm)\***
- January 20, 2010—Petersburg, VA
- March 31, 2010—Roanoke, VA
- May 12, 2010 —Richmond, VA

### THE FUNDAMENTALS (\$50)\*

- November 10-11, 2009—Richmond, VA **(5-9pm)\***
- January 28-29, 2010—Petersburg, VA
- April 8-9, 2010 —Roanoke, VA
- May 19-20, 2010 —Richmond, VA

### THE FUNDAMENTALS OF WAIVED RAPID HIV TESTING (free)\*

- November 5-6, 2009—Roanoke, VA
- December 2-3, 2009—Richmond, VA
- February 9-10, 2010—Petersburg, VA
- April 26-27, 2010—Roanoke, VA
- June 3-4, 2010—Richmond, VA

### Fax enrollment form to (804) 828-1795

OR

Mail enrollment form with check payable to  
the VCU HIV/AIDS Center to:

VCU HIV/AIDS Center

Attention: Natalie Stade

PO Box 980147

Richmond, VA 23298-0147

\*Due to a number of recent no-shows, the VCU HIV/AIDS Center has a new registration policy. If you register for the following program, you must notify the Center at least 3 business days in advance if you cannot attend. Failure to do so will result in a \$25 fee to cover administrative costs.

## FACULTY\*

### Gerri Bayer

Infectious Disease Educator, Blue Ridge  
Behavioral Health Care

### Margie Benko, BS

Health Educator, Southern Virginia Local  
Performance Site, Pennsylvania/MidAtlantic AIDS  
Education and Training Center

### David Bolter, MS

Waiver Coordinator and Health Educator  
Resources for Independent Living, Inc.

### Donna Cantrell, MEd

Program Director, Virginia HIV/AIDS Resource  
and Consultation Center

### Johanna McKee, RN, CCRC

Health Educator and Research Nurse, VCU  
HIV/AIDS Center

### Pam Meador, BSW

Director of the Drop-In Center, Council of  
Community Services

### Robert Morrow, BA

Director of HIV Resource and Training Center,  
Council of Community Services

### Ryland Roane, Jr.

Health Educator, Division of Disease Prevention,  
Virginia Department of Health

### Natalie Stade, BA

Education Coordinator, Virginia HIV/AIDS  
Resource and Consultation Center

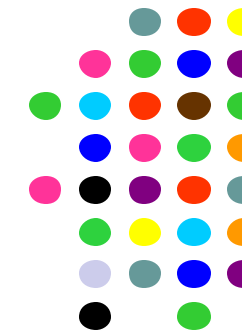
### Adam Thompson

Intervention Specialist, AIDS/HIV Services Group,  
NQC Consumer Advisory Committee

### Joy Zeh, RN, MS, FNP

Nurse Practitioner, VCU HIV/AIDS Center

\*Trainers may vary with region.



# HIV PREVENTION COUNSELING

## The Facts

## The Fundamentals

## The Fundamentals of Waived Rapid HIV Testing

November - June 2010



The VCU HIV/AIDS Center  
Box 980147  
Richmond, VA 23298-0147

# AGENDA & OBJECTIVES

The HIV Prevention Counseling series is made up of three workshops designed for health care professionals. *“The Facts”* serves as the foundation for *“The Fundamentals,”* which teaches counseling skills. *“The Fundamentals of Waived Rapid HIV Testing & Prevention Counseling”* is designed for those who have attended the previous courses and will be administering the OraQuick rapid test.

**THE FACTS** is a one-day course that provides information concerning the spectrum of HIV disease, HIV antibody testing and developments in rapid testing, legal issues, disclosure assistance (partner counseling and referral services), risk assessment and reduction, and psychosocial issues.

**THE FUNDAMENTALS** is a two-day course that provides guidelines and skill-building opportunities for professionals who implement prevention counseling and HIV antibody testing. This updated workshop incorporates recent recommendations and strategies from the Centers for Disease Control and Prevention for personalizing prevention counseling sessions before and after testing for HIV. ***“The Facts” is a prerequisite for this course.***

**THE FUNDAMENTALS OF WAIVED RAPID HIV TESTING** is a one and a half-day skills building workshop that will teach participants to administer the OraQuick test through both didactic and hands-on sessions. Participants will understand how to integrate the six steps of prevention counseling into the rapid HIV testing process. ***“The Facts” and “The Fundamentals” are prerequisites for this course.***

## The Facts 1 Day Program

8:45a	Registration
9:00	HIV Overview (Basic HIV 101)
10:15	Break
10:30	HIV Antibody Testing & the Law
12:00p	Lunch (on your own)
1:00	Risk Assessment/Reduction
2:15	Disclosure Assistance (PCRS/Reporting and Forms)
3:00	Break
3:15	Personal Perspective
4:10	Wrap-up & Evaluation
4:15	Adjourn

UPON COMPLETION OF THE PROGRAM, THE PARTICIPANT WILL BE ABLE TO:

- describe the spectrum of HIV disease
- discuss HIV antibody testing options including legal implications, process of testing, and meaning of results
- describe partner counseling and referral services in the Commonwealth of Virginia
- describe effective techniques for providing HIV risk assessment and reduction
- discuss implications of HIV infection as experienced by an HIV-infected person
- describe the Virginia Department of Health’s role in the partner counseling, referral, and disclosure assistance processes.

## The Fundamentals 2 Day Program

DAY ONE	8:45a	Welcome and Introductions
	9:00	Workshop Overview
	10:15	Break
	10:30	Counseling Skills & Concepts
	12:00	Lunch (on your own)
	1:00pm	HIV Prevention Counseling Steps
	2:30	Break
DAY TWO	2:45	HIV Prevention Counseling Steps
	4:15	Adjourn
	8:45	Review/Preview
	9:00	Continuing with Remaining Steps
	10:15	Break
	10:30	Role Play
	12:00p	Lunch (on your own)
1:00	Test Decision Counseling	
2:15	Break	
2:30	Giving Test Results	
4:10	Wrap-up & Evaluation	
4:15	Adjourn	

UPON COMPLETION OF THE PROGRAM, THE PARTICIPANT WILL BE ABLE TO:

- identify strategies to support clients in making behavior changes that will reduce the risk of acquiring or transmitting HIV
- demonstrate through practice sessions the six steps of prevention counseling
- support the client in making a decision about testing and preparing for the result
- assist the client who tests to begin to integrate the result emotionally, behaviorally, and socially.

## The Fundamentals of Waived Rapid HIV Testing & Prevention Counseling 1.5 Day Program

DAY ONE	8:15-8:30a	Registration
	8:30-9:00	Pre-Course Assessment
	9:00-9:45	Overview of Rapid Testing
	9:45-10:00	Break
	10:00-11:30	OSHA & BBP
	11:30-12:00p	Kit Contents, QA and Controls
	12:00-1:00	Lunch (on your own)
DAY TWO	1:00-1:45	Kit Contents, QA and Controls
	1:45-2:45	Demonstration Running the Kit, Setting up the Station
	2:45-3:00	Break
	3:00-4:00	Integrating HPC and Providing Results
	4:00	Adjourn
	8:45-9:45a	Review
	9:15-10:15	Self Care
10:15-10:30	Break	
10:30-11:45	Venue Concerns, Role Play	
11:45-12:00	Post-test and Evaluations	
12:00p	Adjourn	

UPON COMPLETION OF THE PROGRAM, THE PARTICIPANT WILL BE ABLE TO:

- demonstrate safe work practices
- identify the QA steps required before during and after rapid HIV testing
- list the steps of the HIV prevention counseling protocol in conducting the rapid HIV test
- perform a waived rapid HIV test correctly
- demonstrate the integration of HIV prevention counseling into the rapid testing process.